

# **Mango and Marigold based Indigenous Herbal Medicines for Bleeding Piles (Hemorrhoids): Pankaj Oudhia's Medicinal Plant Database**

**Pankaj Oudhia**



## **Abstract**

Mix the leaves of Mango (*Mangifera*) and Marigold (*Tagetes*) and take it internally for treatment of Bleeding Piles. This ancient recommendation in reference literature looks simple but it is not complete. Is it suitable for all types of patients? What to do if this combination resulted in bad effects? Is there any collection procedure for these herbal ingredients? Whether this combination can be improved? There are tens of questions unanswered with this ancient recommendation. Fortunately there is answer of every question in Traditional Healing practiced in rural and forest areas. The Traditional Healers use tens of medicinal species with Mango and Marigold to make this basic formulation strong as well as useful for different types of patients. The reference literature gives no information about these Improved Formulations. Pankaj Oudhia has documented this important Traditional Knowledge in its original form.

This research document shows the list of topics discussed in Pankaj Oudhia's Medicinal Plant Database on Mango and Marigold based Formulations in reference to Bleeding Piles. For details please visit <http://www.pankajoudhia.com>

## **List of Topics**

*Myristica fragrans* HOUTT. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (68 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Myropyrum similacifolium* BLUME in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (5 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Myxopyrum serratum* A.W. HILL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (29 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Naringi crenulata* (ROXB.) NICOLSON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (5a Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nelsonia canescens* (LAM.) SPR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nelumbo nucifera* GAERTN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (19 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries;

Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Neolamarckia cadamba* (ROXB.) BOSSER in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (20 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Neolitsea scrobiculata* (MEISSNER) GAMBLE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (14 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Neolitsea zeylancia* (NEES) MERR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (9 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nerium oleander* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (15 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nervilia aragoana* GAUD. (ORCHIDACEAE) in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (43 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-4; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nervilia plicata* SCHLTR in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and

Aam (*Mangifera*) ki Pattiyon ka Prayog (10 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nervilia prainiana* (KING & PANTL) SCIDEN.F in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (18 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nesaea lanceolata* (WT. & ARN.) KOEHNE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (19 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nicandra physalodes* (L.) GAERTN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (25 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nilgirianthus heyneanus* (NEES) BREMEK. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (30 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nothapodytes nimmoniana* (GRAH.) MABB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (11 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nothopegia colebrookiana* BL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (18 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nothosaerva brachiata* WIGHT. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (32 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Notonia grandiflora* DC. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (34 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nymphaea nouchali* BURM. F. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (12 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nymphaea pubescens* WILLD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (17 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nymphaea stellata* WILLD. Var. *cyanea* in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (10 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and

other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nymphoides hydrophyllum* (LOUR.) KUNTZE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (11 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nymphoides indica* (L.) KUNTZE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (13 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Nymphoides macrospermum* VASUDEVAN in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (13 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ochna obtusata* DC. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (15a Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ochreinauclea missionis* (WALL. EX G. DON) RIDSDALE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (15 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ocimum adscendens* WIGHT EX HOOK. F. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (14 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and

other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ocimum americanum* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (15 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ocimum basilicum* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (17 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ocimum canum* SIMS. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (18 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ocimum gratissimum* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (14 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ocimum tenuiflorum* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (14c Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Oldenlandia auricularia* K.SCHUM. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (20 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Oldenlandia corymbosa* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (21 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Oldenlandia herbacea* (L.) ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (45 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Oldenlandia umbellata* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (15 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Olea dioica* ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (7 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Olea glandulifera* WALL. EX DON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (7a Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other



countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Operculina turpethum* (L.) S. MANSO in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (14b Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ophioglossum costatum* R.BR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (7b Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ophioglossum nudicaule* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (7c Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ophioglossum pendulum* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ophiopogon intermedius* DON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (16 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ophiorrhiza mungos* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (14a Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Opuntia dillenii* (KER-GAMIER) HAW. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8a Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Opuntia stricta* (HAW.) HAW. Var. *dillenii* in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (17 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Opuntia vulgaris* MILL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8b Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Oreocnide integrifolia* (GAUD) MIQ. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (14 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ormocarpum cochinchinense* (LOUR.) MERR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8c Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other

countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ormosia travancoria* BEDD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (18 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Oroxylum indicum* (L.) VENT. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (22 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Orthosiphon aristatus* (BL.) MIQ. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (18 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Orthosiphon rubicundus* BENTH. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (9 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Orthosiphon thymiflorus* (ROTH.) SLEASEN in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (12 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Oryza rufipogon* GRIFF. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and

Aam (*Mangifera*) ki Pattiyon ka Prayog (10 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Osbeckia stellata* KER-GAWL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (12 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Osbeckia zeylanica* L.F. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (13 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Osyris quadripartita* SALZ EX DECNE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (19 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ottelia alismoides* (L.) PERS. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (14 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Ougeinia oojeinensis* (ROXB.) HOCHR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (11 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Oxalis corniculata* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (15 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Oxalis latifolia* H.B. & K. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (18 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pachystoma sensile* (LINDL.) REICHB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (20 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Palaquium ellipticum* (DOLZ.) BAILLON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (22 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pancreatium triflorum* ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (10 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pandanus odoratissimus* L.F. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (35 Herbal Ingredients, Tribal Formulations of Kerala; Not mentioned in ancient literature related to different systems of medicine in India and other countries;

Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; Mango trees growing under stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pandanus thwaitesii* MARTELLI in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (48 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Panicum antidotale* RETZ. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (74 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango trees growing under stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Panicum macimum* FACQ. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (25 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Panicum maximum* JACQ. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (26 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Panicum psilopodium* TRIN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (5 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango trees growing under stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Panicum repens* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (13 Herbal Ingredients, Tribal Formulations of Kerala; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Panicum sumatrense* ROTH EX ROEM. ET SCHULT. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (12 Herbal Ingredients, Tribal Formulations of Kerala; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Paphiopedilum druryi* (BEDD.) STEIN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (10c Herbal Ingredients, Tribal Formulations of Kerala; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Paracalyx scariosa* (ROXB.) ALI in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (21 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Paramignya monophylla* WT. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (9 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Parkia biglandulosa* WIGHT & ARN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (5a Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Parkinsonia aculeata* L.SP. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (17 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Parochetus communis* DON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (27 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Parsonia alboflavescens* (DENNST.) MABB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (10b Herbal Ingredients, Tribal Formulations of Kerala; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Parthenium hysterophorus* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (22 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Paspalum conjugatum* BERG. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Paspalum distichum* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (52 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of



Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Paspalum scrobiculatum* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (53 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Passiflora edulis* SIMS in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (10a Herbal Ingredients, Tribal Formulations of Kerala; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango trees growing under stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Passiflora foetida* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (54 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango trees growing under stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Passiflora incarnata* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (23 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pavetta indica* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (6 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pavetta tomentosa* ROXB. EX SMITH in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (37 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other

countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pavonia odorata* WILLD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (5 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pavonia zeylanica* CAV. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (7 Herbal Ingredients, Tribal Formulations of Kerala; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pedaliium murex* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8 Herbal Ingredients, Tribal Formulations of Kerala; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pedilanthus tithymaloides* (L.) POIT. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (9 Herbal Ingredients, Tribal Formulations of Kerala; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Peltophorum pterocarpum* (DC.) BAKER in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (10 Herbal Ingredients, Tribal Formulations of Kerala; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pentanema indicum* (L.) LING in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (30 Herbal Ingredients, Tribal Formulations of Tamil Nadu; Not

mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Peperomia pellucida* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Peperomia reflexa* (L.F.) A. DIETR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (9 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Peperomia tetraphylla* (G.FORST.) HOOK. & A. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (4 Herbal Ingredients, Tribal Formulations of Orissa; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pergularia daemia* (FORSK.) CHOIV. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (24 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Peristrophe bicalyculata* NEES in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (10 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango trees growing under

stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Peristrophe paniculata* (FORSK.) BRUMMITT in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (10a Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Perotis indica* (L.) KUNTZE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (28 Herbal Ingredients, Tribal Formulations of Tamil Nadu; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Persea macrantha* (NEES) KOST. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (10b Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Petrea volubilis* GAERTN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (25 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phaseolus lunatus* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (10c Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phaseolus sublobatus* ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (25 Herbal Ingredients, Tribal Formulations of Tamil Nadu; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phaulopsis dorsiflora* (RETZ.) SANTAPAU in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (10d Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phaulopsis imbricata* (FORSK.) SWEET in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (5 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phoebe wightii* MEISSN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (11 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phoenix humilis* ROYLE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phoenix loureirii* KUNTH in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog 26 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; Mango trees growing under stress are

preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phoenix sylvestris* ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (26 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pholidota imbricata* (ROXB.) LINDL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (10 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pholidota pallida* LINDL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (27 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phragmites karka* TRIN. EX STEUD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (31 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phyla nodiflora* (L.) GREENE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (15 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phyllanthus acidus* (L.) SKEELS in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda

(Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (15a Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

Phyllanthus airy-shawii BRUNEL & ROUX in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (15b Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango trees growing under stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

Phyllanthus amarus SCHUM. & THENN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (22 Herbal Ingredients, Tribal Formulations of Tamil Nadu; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

Phyllanthus debilis KLEIN EX WILLD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (23 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

Phyllanthus emblica L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (20 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

Phyllanthus fraternus WEBSTER in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (22 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phyllanthus kozhikodanus* SIVARAJAN & MANILAL in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (20 Herbal Ingredients, Tribal Formulations of Tamil Nadu; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phyllanthus macraeki* MUELL.-ARG. Var. *macraei* in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (25 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phyllanthus maderaspatensis* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (14 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phyllanthus polyphyllus* DALZ. & GIBS in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (32 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phyllanthus reticulatus* POIR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (30 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phyllanthus rheedii* WT. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (28 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),



*Phyllanthus urinaria* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (10 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phyllanthus virgatus* G.FORSTER in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (11 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango trees growing under stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Phyllocephalum indicum* (LESS.) KIRKMAN in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (18 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Physalis angulata* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (22 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Physalis minima* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (23 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Physalis peruviana* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (24 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries;

Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pilea microphylla* (L.) LIEBM. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (26 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Piliostigma malabaricum* (ROXB.) BENTH. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (32 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pimpinella heyneana* (WALL. EX DC.) KURZ in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (20 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pimpinella pulneyensis* GAMBLE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (27 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango trees growing under stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pinanga dicksonii* (ROXB.) BL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (30 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Piper argyrophyllum* MIQ. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and

Aam (Mangifera) ki Pattiyon ka Prayog (47 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango trees growing under stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

Piper barberi GAMBLE. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (5 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

Piper betle L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (6 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

Piper longum L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (30 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

Piper mullesua D.DON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (6a Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

Piper nigrum L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (Tagetes) and Aam (Mangifera) ki Pattiyon ka Prayog (6b Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Piper trichostachyon* (MIQ.) C.DC. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (16 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Piper trioicum* ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (6c Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pisonia aculeata* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (38 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pisonia grandis* R.BR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (6d Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango trees growing under stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pisonia morindifolia* R.BR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (6e Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pistia stratiotes* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (19 Herbal Ingredients, Tribal Formulations of Tamil Nadu; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango trees growing under stress are

preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pithecellobium dulce* (ROXB.) BENTH. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (15 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pithecellobium monadelphum* (ROXB.) KOSTER. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (41 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pittosporum floribundum* SENSU HOOK.F. & THOMS. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (47 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pittosporum nepaulense* (DC.) REHDER & WILSON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (70 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pittosporum nilghirensis* WIGHT & ARN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (75 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pittosporum tetraspermum* WT. & ARN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (6 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pityrogramma calomelanos* (L.) LINK in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (7 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; Mango trees growing under stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Plantago erosa* WALL. IN ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (12 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Plantago major* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Plectranthus fruticosus* WIGHT EX HOOK. F. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (50 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Plectranthus japonicus* (BURM.F) KOIDZ. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8a Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India

and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Plectranthus mollis* (AITON) SPLRENG. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (9 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Plectranthus nilgherricus* BENTH. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (9a Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pleiospermium alatum* (WALL. EX WT. & ARN.) SURINGLE. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (37 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango trees growing under stress are preferred for collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pleopeltis macrocarpa* (BORRY EX WILLD.) KAULF. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (30 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pleurostylia opposita* (WALL.) ALSTON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (11 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Plumbago indica* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (35 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not

mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Plumbago zeylanica* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (52 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Plumeria alba* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (20 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Plumeria rubra* L.(CULT.) in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8 Herbal Ingredients, Tribal Formulations of Tamil Nadu; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Plumieria alba* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (9 Herbal Ingredients, Tribal Formulations of Tamil Nadu; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Plumieria rubra* L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (9 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),



*Poeciloneuron indicum* BEDD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (55 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Indigenous Mango Trees are preferred for collection of leaves, Disease and insect free leaves are used; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Poeciloneuron pauciflorum* BEDD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (11 Herbal Ingredients, Tribal Formulations of Tamil Nadu; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pogonatherum crinitum* (THUNB.) KUNTH in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (8 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pogostemon auricularis* (L.) HASSK. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (7 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; Mango and Genda are treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pogostemon benghalense* (BURM.F.) KUNTZE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (18 Herbal Ingredients, Tribal Formulations of Tamil Nadu; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

*Pogostemon heyneanus* BENTH. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Bleeding Piles (Hemorrhoids): Khooni Bawasir ke liye Genda (*Tagetes*) and Aam (*Mangifera*) ki Pattiyon ka Prayog (75 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; Mango and Genda are

treated with Herbal Solutions 15 days before collection of leaves; पंकज अवधिया के शोध दस्तावेज: खूनी बवासिर के लिए गेंदे और आम की पत्तियों का प्रयोग),

© Pankaj Oudhia

Contact Email: [pankajoudhia@gmail.com](mailto:pankajoudhia@gmail.com)