

Asgandh (*Withania somnifera*) based Indigenous Herbal Medicines for Sexual Health (Aphrodisiac): Pankaj Oudhia's Medicinal Plant Database

Pankaj Oudhia



Abstract

Thousands of Asgandh (*Ashwagandha*) based Herbal Formulations for Sexual Health are mentioned in ancient literature and hundreds of Herbal Formulations are available in market but still major part of Traditional Medicinal Knowledge about this important herb is still waiting for documentation. The Traditional Healers are using these Herbal Formulations in remote areas. They are not only using Allelopathically enriched Asgandh but also adding wild species in order to make the Formulations useful in real sense. Pankaj Oudhia has documented these formulations in its original form.

This research document shows the list of topics discussed in Pankaj Oudhia's Medicinal Plant Database on Asgandh in reference to Sexual Health. For details please visit <http://www.pankajoudhia.com>

List of Topics

Caralluma umbellata HAW. SYN. PL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (50 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in

ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Cayratia auriculata (ROXB.) GAMBLE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (55 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Cestrum nocturnum L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (50 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Chloris virgata SW. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (35 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Chrysopogon fulvus (SPRENG.) CHIOV. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (56 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Clematis wightiana WALL. EX WT. & ARN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (24 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-4; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Bougainvillea spectabilis WILLD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (53 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of

Formulation (1-10) among the Young Healers-6; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग)

Gliricidia maculata (H.B. & K.) STEUD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (15 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Grevillea robusta A. CUNN. EX R. BR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (85 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Gyrocarpus americanus JACQ. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (10 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Hedyotis pinifolia WALL. EX G. DON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (45 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Hedyotis vestita R.BR. EX G. DON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (100 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Heliotropium curassavicum L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (78 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related

to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Juncus prismatocarpus R. BR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (40 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Laggera alata (D.DON) SCH.-BIP. EX OLIVE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (113 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Lemna perpusilla TORREY in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (116 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-4; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Macaranga denticulata (BL.) MUELL.-ARG. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (100 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Mimulus strictus BENTH. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (90 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Perilepta auriculata (NEES) BREMEK. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (75 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Pinus insularis ENDL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (98 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-3; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Platostoma africanum BEAUV. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (18 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Rhus javanica L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (70 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-4; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Saccharum bengalense RETZ. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (91 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Sarcococca saligna (D.DON) MUELL.-ARG. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (70 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Senecio nudicaulis HAM. EX D. DON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (45 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Sonneratia apetala BUCH.-HAM. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh

(*Withania*) ka Prayog (118 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Strobilanthes lupulinus NEES in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (42 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Tectaria polymorpha (WALL. & HOOK.) COPEL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (6 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Premna flavescens HAM. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (52 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Carum strictocarpum C.B.CLARKE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (20 Herbal Ingredients, Tribal Formulations of Gujarat; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Aerides multiflorum ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (131 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Amomum dealbatum ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (37 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Carissa paucinervia A.DC. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (127 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Flemingia wightiana GRAHAM EX WIGHT & ARN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (9 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Anisochilus eriocephalus BENTH. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (25 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Schefflera stellata (GAERTN.) HARMS in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (130 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Chassalia curviflora (WALL. EX KURZ) THW. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (50 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Hibiscus lunariifolius WILLD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (39 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Bridelia tomentosa BL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (10 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Dipcadi montanum (DALZ.) BAKER in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (155 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Pronephrium nudatum (ROXB. EX GRIFF.) HOLTT. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (10 Herbal Ingredients, Tribal Formulations of Maharashtra; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Lindenbergia muraria (ROXB.) P.BRUCHE. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (16 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Dichanthium caricosum (L.) A. CAMUS in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (170 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Alternanthera ficoidea (L.) R.BR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (14 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Dichanthium pertusum CLYTON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (6 Herbal Ingredients, Tribal Formulations of Maharashtra; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Eragrostis nutans (RETZ.) NEES EX STEUD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (20 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Pandanus foetidus ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (9 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Panicum repens L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (8 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Sacciolepis interrupta (WILLD.) STAPF. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (15 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Setaria verticillata (L.) P. BEAUV. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (17 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Halophila ovalis (R.BR.) HOOK.F. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (36 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Angiopteris evecta (FORST.) HOFFM. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (27 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Psilotrichum trichotomum BL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (59 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Aporusa octandra (BUCH.- HAM. EX D. DON) VICK. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (100 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Gastrochilus longiflora WALL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (120 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Desmos longiflorus (ROXB.) SAFF. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (17 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Stemona tuberosa LOUR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (60 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Aerides crispum LINDL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (130 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Alisma plantago-aquatica L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (50 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Ceriops roxburghiana ARN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (61 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Cyperus laevigatus L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (155 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Cyperus compactus RETZ. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (90 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10)

among the Young Healers-4; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Dendrobium nobile LINDL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (95 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Polygonum lapathifolium L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (40 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-4; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Tragia plukenetii A. RADCLIFFE-SMITH in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (65 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Sacciolepis indica CHASE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (45 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Indigofera nummularifolia (L.) LIVERA EX ALSTON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (36 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Heterostemma tanjorensis WIGHT & ARN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (79 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of

Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Isachne globosa KUNTZE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (30 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Eragrostis ciliata NEES in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (17 Herbal Ingredients, Tribal Formulations of Uttarakhand; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Brachiaria reptans (L.) C.A.GARDNER & C.E.HUBBARD in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (93 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Theriophonum minutum BAILL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (50 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Blumea obliqua DRUCE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (84 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Phoebe wightii MEISSN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (72 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Cyperus haspan BENTH. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (73 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Acacia tomentosa WILLD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (98 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Celtis tetrandra ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (40 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Brachiaria ramosa STAPF. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (13 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Abutilon persicum (BURM.F.) MERR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (59 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Eugenia bracteata (WILD.)ROXB. EX. DC. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (42 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Sesbania paludosa PRAIN in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka

Prayog (23 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Symphorema involucreatum ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (17 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-4; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Barleria montana NEES in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (33 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Hibiscus platanifolius (WILLD.) SWEET in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (32 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Rotala indica (WILLD.) KOEHNE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (42 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Cyperus corymbosus ROTTL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (35 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Hypericum mysurense HEYNE EX. WIGHT & ARN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (50 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of

Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Dalbergia paniculata ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (60 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Samanea saman (JACQ.) MERR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (15 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Ficus elastica ROXB. EX. HORNEM. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (46 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Brassica rapa L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (19 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Brachiaria eruciformis (J.E.SMITH) GRISEB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (49 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Polyalthia cerasoides (ROXB.) BEDD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (70 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of

Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Brassica oleracea L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (110 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Eranthemum nervosum (VAHL) R. BR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (6 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Desmanthus virgatus WILLD. MIMOSACEAE

Osbeckia zeylanica L.F. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (133 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Cassia roxburghii DC. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (7 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Triumfetta annua L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (10 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Dimorphocalyx glabellus THW. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (75 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Suregada angustifolia (BAILL. EX MUELL. - ARG.) AIRY SHAW in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (250 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Avicennia alba BLUME in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (217 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Mnesithea laevis (RETZ.) KUNTH in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (95 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Ravenala madagascarensis SONN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (12 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Strobilanthes consanguineus C.B.CLARKE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (30 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Oldenlandia dichotoma HOOK.F. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (213 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Zingiber capitatum ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (39 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Dodonaea angustifolia (L.F.) BENTH. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (38 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Nypa fruticans Wurb. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (120 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Ajuga macrosperma WALL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (150 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Aralia armata SEEM in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (40 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Bambusa nutans WALL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (112 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Bambusa vulgaris SCHRAD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (23 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related

to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Conyza japonica (THUNB.) LESS EX DC. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (90 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-4; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Glochidion lanceolarium VOIGT. NON DALZ. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (125 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Goldfussia thomsonii (NEES) BREMEK. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (111 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Ilex godajam COLEBR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (80 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Knoxia roxburghii (SPRENG.) M.A. RAU in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (19 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Maoutia puya WEDD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (85 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related

to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Phoebe lanceolata NEES in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (25 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Plectranthus ternifolius D. DON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (79 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Psilotum nudum BEAUV. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (50 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Psophocarpus tetragonoloba DC. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (56 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Rotala rotundifolia KOEN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (30 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Swertia angustifolia BUCH.-HAM. EX D. DON. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (Withania) ka Prayog (16 Herbal Ingredients, Tribal Formulations of Orissa; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of

Formulation (1-10) among the Young Healers-6; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Tricalysia singularis (KORTH.) K. SCHUM in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (18 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Calanthe triplicata (WILLEM.) AMES in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (20 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Papilionanthe teres (ROXB.) SCHLTR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (51 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Cycas circinalis L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (10 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-4; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Garcinia xanthochymus HOOK.F. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (10 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

Mesua ferrea L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Asgandh (*Withania*) ka Prayog (4 Herbal

Ingredients, Tribal Formulations of Orissa; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए अश्वगंधा का प्रयोग),

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