

Utangan (Blepharis) based Indigenous Herbal Medicines for Sexual Health (Aphrodisiac): Pankaj Oudhia's Medicinal Plant Database

Pankaj Oudhia



Abstract

“If you want to see the real effect of Utangan for Sexual Health as Aphrodisiac, use it in combination with potential medicinal species.” It is old saying in Indian Traditional Healing. Blepharis is well known Aphrodisiac and modern researchers have done much work on it but the research on Blepharis based Herbal Formulations is lacking. In different parts of India, hundreds (rather thousands) of Blepharis based Traditional Formulations are in use. Most of these Formulations are yet not known to the modern world. Pankaj Oudhia has documented these formulations in its original form.

This research document shows the list of topics discussed in Pankaj Oudhia's Medicinal Plant Database on Blepharis in reference to Sexual Health. For details please visit <http://www.pankajoudhia.com>

List of Topics

Mimosa intsia L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (65 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-4; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Mitracarpus villosus (SW.) DC. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (90 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Musa ornata ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (70 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Opilia amentacea ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (58 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Protium serratum (COLEBR.) ENGLER in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (50 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Selaginella repanda (DESV. EX POIR.) SPRENG in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (46 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-4; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Telosma pallida (ROXB.) CRAIB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (35 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vitex quinata (LOUR.) F.N. WILLIAMS in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (30 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Ochna gamblei KING in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (20 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Acrostichum aureum L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (15 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Asplenium laciniatum D.DON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (10 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Athyrium hohenackerianum BEDD. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (38 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Blechnum orientale L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (60 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cheilanthes albomarginata C.B. CLARKE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (6 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Mentioned in ancient

literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cyathea gigantea (WALL. EX HOOK.) HOLTT. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (95 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cyclosorus dentatus (FORSK.) CHING in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (70 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cyclosorus gongylodes (SCH.) LINK in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (32 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Nephrolepis biserrata SCHOTT. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (7 Herbal Ingredients, Tribal Formulations of Bihar; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Ophioglossum costatum R.BR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (12 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Ophioglossum nudicaule L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (29 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature

related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cassia siamea LAMK. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (30 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Paraleptochilus decurrens (BLUME) COPEL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (32 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Bothriochloa odorata (LISBOA) A.CAMUS in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (35 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Callistemon lanceolatus DC. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (100 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Caralluma adscendens (ROXB.) HAW. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (38 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cerbera manghas L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (40 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cissampelos pareira L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (25 Herbal Ingredients, Tribal Formulations of West Bengal; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cissus quadrangularis L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (43 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cissus repens LAM. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (100 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cissus vitifolia L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (49 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Citrullus lanatus (THUNB.) MATSUMARA & NAKAI in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (65 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Citrus aurantifolia (CHRISTM.) SWINGLE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (80 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Citrus limon (L.) BURM.F. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka

Prayog (60 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Citrus maxima MERR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (65 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Citrus medica L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (69 Herbal Ingredients, Tribal Formulations of Bihar; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Citrus medica L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (69 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Citrus sinensis (L.) OSBECK in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (7 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cleistanthus collinus (ROXB.) BENTH. & HOOK. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (55 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Clematis gouriana ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (11 Herbal Ingredients, Tribal Formulations of Rajasthan; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cleome gynandra L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (15 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cleome viscosa L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (18 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Clerodendrum multiflorum G.DON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (60 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Clerodendrum indicum (L.) KUNTZE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (30 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Clerodendrum inerme (L.) GAERTN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (110 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Clerodendrum phlomides L.F. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (100 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Clerodendrum serratum (L.) MOON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan

(*Blepharis*) ka Prayog (90 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Clerodendrum viscosum H.W. MOLDENKE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (*Blepharis*) ka Prayog (30 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Clinogyne dichotoma SALISB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (*Blepharis*) ka Prayog (83 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Clitoria ternatea L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (*Blepharis*) ka Prayog (95 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Coccinia grandis (L.) VOIGT in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (*Blepharis*) ka Prayog (80 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cocculus hirsutus (L.) DIELS in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (*Blepharis*) ka Prayog (7 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cocos nucifera L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (*Blepharis*) ka Prayog (70 Herbal Ingredients, Tribal Formulations of Rajasthan; Not mentioned in ancient literature related to different

systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Coffea arabica L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (15 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Cochlospermum religiosum (L.) ALSTON in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (27 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Coix gigantea KOEN. EX ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (35 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Coix lacryma-jobi L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (38 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Coldenia procumbens L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (8 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Colocasia esculenta (L.) SCHOTT in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (90 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Commelina benghalensis L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (46 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Commelina longifolia LAM. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (6 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Lasia spinosa THW. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (41 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Lathyrus sativus L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (50 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Lavandula bipinnata KUNTZE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (60 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Lawsonia inermis L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (10 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Leea indica MERR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (98 Herbal Ingredients, Tribal Formulations of Gujarat; Not mentioned in ancient literature related to

different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Leonotis nepetaefolia R.BR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (95 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Lepidium sativum L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (26 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Leptadenia reticulata (RETZ.) WIGHT & ARN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (9 Herbal Ingredients, Tribal Formulations of Maharashtra; Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Leucas cephalotes (ROTH.) SPR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (4 Herbal Ingredients, Tribal Formulations of Madhya Pradesh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Leucas indica (L.) R.BR. EX VATKE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (20 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Leucas plukenetii (ROTH) SPRENG. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (15 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of

Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Leucas stricta BENTH. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (82 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Limnophila aromatica (L.) MERR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (70 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Limonia acidissima L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (86 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Linum usitatissimum L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (115 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Tinospora cordifolia (WILLD.) HOOK.F. & THOMS. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (88 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Tinospora sinensis (LOUR.) MERR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (110 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of

Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Toddalia asiatica (L.) LAM. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (90 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-7; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trachyspermum ammi (L.) SPRAGUE in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (75 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Dillenia aurea SIMS. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (96 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trachyspermum roxburghianum (DC.) CRAIB in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (150 Herbal Ingredients, Tribal Formulations of Chhattisgarh; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Tragia involucrata L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (110 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trapa bispinosa ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (35 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trema orientalis BL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (116 Herbal Ingredients, Tribal Formulations of Maharashtra; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trewia nudiflora L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (24 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trianthema portulacastrum L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (35 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Tribulus terrestris L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (39 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trichodesma indicum R.BR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (68 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trichosanthes cucumerina L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (55 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trichosanthes dioica ROXB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (18 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trichosanthes tricuspidata LOUR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (39 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trichosanthes bracteata (LAM.) VOIGT. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (50 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Tridax procumbens L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (80 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trigonella corniculata L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (78 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Trigonella foenum-graecum L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (10 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Triticum aestivum L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (75 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Triumfetta rhomboidea JACQ. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (101 Herbal Ingredients, Tribal Formulations of Uttarakhand; Not mentioned in ancient literature

related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Tylophora indica (BURM.F.) MERRILL in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (12 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Typha angustata BORY & CHAUB in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (36 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Uraria lagopodioides DC. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (38 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Uraria picta DESV. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (85 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Uraria rufescens (DC.) SCHINDL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (20 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Urena lobata L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (80 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Urena sinuata L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (93 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vallisneria spiralis (ROTH.) KUNTZE. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (40 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Ventilago madraspatana GAERTN. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (96 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vernonia cinerea LESS. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (131 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vetiveria zizanioides (L.) NASH in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (123 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vigna aconitifolia (JACQ.) MARECHAL in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (28 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vigna adenantha (MEYER) MARECHAI in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (10 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vigna dalzelliana (O.KTZE) VERDC. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (21 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vigna mungo (L.) HEPPEL in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (128 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vigna pilosa BAKER in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (27 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vigna radiata (L.) R. WILCZEK in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (150 Herbal Ingredients, Tribal Formulations of Karnataka; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vigna radiata (L.) WILEZ FABACEAE *Vigna unguiculata* (L.) WALP. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (20 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vigna unguiculata (L.) WALP. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka

Prayog (27 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vitex leucoxyloides SCHAU in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (15 Herbal Ingredients, Tribal Formulations of Orissa; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vitex negundo L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (26 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vitex peduncularis WALL. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (33 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Vitex trifolia L. F. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (43 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Wedelia chinensis MERR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (63 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-6; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Wendlandia heynei (R. & S.) SANTAPAU in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (40 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Withania somnifera DUNAL in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (60 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Wolffia globosa (ROXB.) HARTOG & PLAS in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (29 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Woodfordia fruticosa (L.) KURZ in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (10 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Wrightia arborea (DENNST.) MABB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (46 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Wrightia tinctoria R.BR. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (35 Herbal Ingredients, Tribal Formulations of Assam; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Nerium antidysentericum L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (33 Herbal Ingredients, Tribal Formulations of Jharkhand; Not mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-8; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Xylia xylocarpa (ROXB.) TAUB. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (99 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not mentioned in ancient

literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

Xyris indica L. in Pankaj Oudhia's Research Documents on Indigenous Herbal Medicines (Tribal Herbal Practices) for Sexual Health (Aphrodisiac): Kamottejana ke liye Utangan (Blepharis) ka Prayog (130 Herbal Ingredients, Tribal Formulations of Andhra Pradesh; Not Mentioned in ancient literature related to different systems of medicine in India and other countries; Popularity of Formulation (1-10) among the Young Healers-5; Only freshly collected ingredients are used; पंकज अवधिया के शोध दस्तावेज: कामोत्तेजना के लिए उटंगन का प्रयोग),

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